Eat Well, Live Well

Ajjinomoto







Food critic and writer in Japan and Thailand for several years, Chef Tsutsumi also ran a restaurant for 8 years and currently teaches the art of Asian cuisine in France.

MINI-OKONOMI-OYAKI

Recipe for 1 serving

REDIENT

2 pieces of AJINOMOTO® Shoyu Beef Oyaki

- 50 g green or pointed cabbage, cooked and thinly sliced
- 10 g corn
- · 10 g chives, finely chopped
- 5 g red pickled ginger, finely chopped

- · 2 g katsuobushi (dried bonito) optional
- · Aonori or Aosa seaweed powder
- 1tsp. Okonomiyaki sauce
- Mayonnaise

JETHOD:

1. Prepare the okonomiyaki sauce. Cook the cabbage in hot water and then slice.

- 2. Cook the **Oyaki**. Once cooked, brush with okonomiyaki sauce and pan fry.
- Arrange the Oyaki with the cabbage, chives, corn and pickled red ginger. Sprinkle with Aonori seaweed, decorate with mayonnaise and, as an option, add the katsuobushi on top of or next to the AJINOMOTO* Shoyu Beef Oyaki.

HOMEMADE OKONOMIYAKI SAUCE

SAUCE INGREDIENTS:

- · 1tbsp. Worcestershire
- · 1tbsp. soy sauce
- ½ tbsp. ketchup
- · Salt, black pepper



FOR A CHANGE:

It is possible to replace the "AJINOMOTO" Shoyu Beef Oyaki with AJINOMOTO" Vegetable Nira Oyaki or a mix of both Oyaki flavors.

TO GO FASTER:

Use a ready-to-use okonomiyaki sauce such as OTAFUKU's OKONOMI sauce.